



THE OPRAH WINFREY SHOW

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New Medical Tests

Full Body CT Scan



"Your body is not an early warning system. By the time you feel symptoms, it's usually in the late stages." — Dr. Harvey Eisenberg, M.D.

Dr. Harvey Eisenberg is a radiologist who helped develop the non-invasive full-body Scanner that provides physicians with 3-D images of internal organs.



Dr. Mark Goodwin, a cardiologist with Midwest Heart Specialists in Naperville, IL, cautions that this test is not for every one.

If you are under 30, or have an ongoing medical condition or symptoms, you should be consulting your doctor regularly. The test should not be used in place of mammograms. Pregnant women cannot be scanned. [Read what the CT Scan revealed.](#)

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New Medical Tests

A New Lease on Life

Oprah's scan revealed a healthy heart for a woman her age, but did find a small amount of plaque developing in one of her arteries. The test results also showed the beginnings of some problems in her lower back. Dr. Eisenberg attributed Oprah's generally good health to her being "proactive and creative" with her life.

The HealthView Center for Preventive Medicine detected problems in these women long before they had any symptoms of disease.



Karen is a yo-yo dieter who has a history of smoking. Stress kept her awake at night, and she was afraid to exercise for fear of having a heart attack. Her test revealed a small nodule in her lungs that a standard X-ray or scan might not have detected, as well as problems

in her back and neck.

Since her consultation, the nightmares have stopped. Karen is exercising properly and plans to monitor the nodule for the next four months. After seeing the damage smoking did to her lungs, she has vowed never to smoke again. Karen says, "I am empowered by this knowledge."



Betty is a police officer who goes to her physician for regular exams. Two years ago, thinking she was the perfect picture of health, she agreed to have a scan performed when it was offered at work. She was stunned by what her test revealed: she had a cancerous

tumor the size of a golf ball on her kidney.

Her kidney was removed, and six weeks later, Betty was back on duty. Betty says she never felt back pain or other symptoms, "but when you see it, you can't deny it."

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